



# Making Artificial Intelligence Sustainable for Healthcare

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# Making Artificial Intelligence Sustainable for Healthcare<sup>1</sup>

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## ABSTRACT

This research aims to define a roadmap for the sustainable implementation of Artificial Intelligence (AI) in healthcare. Based on Triple Bottom Line (TBL) and the theory of dynamic capabilities (DC), the study highlights which steps and capabilities are needed to ensure an Artificial Intelligence (AI) implementation guaranteeing the three levels of sustainability (*people, profit and planet*). This study tries to respond to the following research question: *How can healthcare organizations ensure sustainable implementation of Artificial Intelligence?* An exploratory qualitative analysis was conducted using the focus group method. The results highlight six main steps for the sustainable implementation of AI, each with specific capabilities to be developed. This study provides implications for both theory and practice. Future research will be needed to investigate the emerging aspects.

**KEYWORDS:** AI, Sustainable Development, Healthcare Ecosystem, Dynamic Capabilities, Roadmap

**JEL CODES:** M21, I15, O30

Innovation is a multi-stage process that enables firms to compete in the marketplace by transforming their products and services (Baregheh *et al.*, 2009). Innovation and sustainability issues are directly linked and pose a real challenge for companies. As evidenced by Uzunidis (2009), sustainability is responsible for every business and allows growth and expansion. Companies should consider their operations' impact on communities and the environment in addition to profit (Björn *et al.*, 2021). Based on this, the Sustainable Development Goals (SDGs) era introduces a new approach to sustainable corporate development (WCED, 1987). Creating responsible organizations that invest in technological growth through partnership actions with other companies requires a strong and proactive approach, thereby initiating a worldwide and universal sequence of sustainable development for all businesses (Vinueza *et al.*, 2020). Sustainable development could be crucial for organizations' competitive position (Sachs *et al.*, 2019; Martínez, Del Bosque, 2013).

The triple bottom line is the primary theoretical framework used to discuss sustainability. According to this approach, companies must pay particular attention to the potential social and environmental effects of their decisions (Elkington, 1997). Organizations should plan activities that ensure that economic rewards positively impact the environment and society (Tseng *et al.*, 2020). In this vein, companies can raise production value, attract more investors and clients, and foster a social and environmental corporate culture (Elmqvist *et al.*, 2019).

Today, digital innovation significantly impacts every industrial sector, particularly healthcare (Kraus *et al.*, 2021; Appio *et al.*, 2020; Leone *et al.*, 2021). COVID-19 highlighted several areas for improvement and enhancement, with healthcare being one of the most critical sectors. There is a need to adopt a more sustainable approach that ensures health and wellbeing without discrimination. As Brem *et al.* (2021) point out, the digital nature makes new technologies highly interoperable and adaptable to application contexts, regardless of the function for which they were originally designed. Additionally, the proliferation of digital devices reduces learning times by lowering barriers to entry for new entrants.

The quality of care in the healthcare ecosystem could be increased by adopting high-tech solutions that optimize the allocation of scarce resources (Butt *et al.*, 2019). Thus, advanced technologies such as Industry 4.0 and AI play a key role (Khan *et al.*, 2020). Artificial intelligence (AI) has become widely accepted to gain a competitive advantage (Haenlein, Kaplan, 2019; Di Vaio *et al.*, 2020; Carlson, Sakao, 2020; Kumar *et al.*, 2022). It positively impacts all SDGs through technological advancements that lead to better results in various sectors, enhancing development and substantially impacting civil society and the environment (Santosh and Gaur, 2022; Papa *et al.*, 2018; Santoro *et al.*, 2018). Several studies define AI as “the ability of a computer-controlled robot or digital machine to perform tasks traditionally performed by intelligent beings” (Copeland, 2024; Haenlein, Kaplan, 2019).

However, AI technologies have been studied to increase consumer value, enhance cost-effectiveness, and boost revenue (Åström *et al.*, 2022). They also push organizations to adapt and innovate their business strategies (Ferras-Hernandez *et al.*, 2022). The outbreak emphasizes that healthcare represents a fertile ground for the spread of AI (Kraus *et al.*, 2021; Fletcher *et al.*, 2020). Healthcare facilities can adopt a patient-based strategy and create individualized care pathways by implementing innovative technologies, ensuring high-quality treatment (Leone *et al.*, 2021; Kraus *et al.*, 2021; Schiavone *et al.*, 2021). Healthcare has undergone significant technological change, creating dynamic skills essential for profitable expansion and targeted strategic transformation (Pundziene *et al.*, 2022; Teece, 2019). Organizations must react quickly and with the dynamic agility necessary to survive (Loureiro *et al.*, 2021). To use these technologies, there is a need to develop new dynamic capabilities (Chakravorty *et al.*, 2020; Heart *et al.*, 2017).

The concept of sustainability is prevalent in the health sector today. According to the vision of the 2030 Agenda, health is inextricably linked to the social, economic, and cultural context (Sachs *et al.*, 2019). Zollo *et al.* (2016) underline that innovation must consider the health setting and the

socioeconomic structure to be sustainable. AI could represent a valuable tool to guarantee the sustainable development of healthcare (Santosh, Gaur, 2022; Ilan, 2021; Tsagkaris *et al.*, 2021). From this perspective, the research question emerges: *How can healthcare organizations ensure the sustainable implementation of Artificial Intelligence?* Although numerous studies have addressed the topic of sustainability and AI (Nishant *et al.*, 2020; Courtland, 2018), there is still a gap in the literature on the process of sustainable implementation of AI in healthcare. This research paper aims to construct an initial roadmap identifying the main steps for AI implementation in healthcare that ensure economic, social, and environmental sustainability. Furthermore, the analysis aims to identify the dynamic capabilities underlying each step. Due to the explanatory nature and the evolving field, a qualitative analysis was adopted by conducting different focus groups.

From late October to mid-November 2022, online interviews were conducted with two focus groups (Table 1), lasting 88 minutes each. The transcriptions were carefully analyzed using content analysis, resulting in the identification and discussion of nodes and key dimensions aligned with the study's theoretical framework. The analysis revealed six critical steps for the sustainable implementation of AI in healthcare, along with associated dynamic capabilities. This research has important implications for management, theory, and policy, serving as a valuable tool for organizational and institutional strategy development. It also offers insights for management studies. The article is structured as follows: Section 2 reviews relevant contributions in sustainability development, AI, dynamic capabilities, and healthcare management. Section 3 outlines the methodology, data collection, and analysis stages. Section 4 presents the analyzed and discussed results, followed by implications for academia, practitioners, and policymakers in Section 5. The analysis concludes by addressing limitations and suggesting ideas for future research.

## **Theoretical Background**

### **Sustainable Development Goals**

The WCED (World Commission on Environment and Development) focused on sustainable issues, defining sustainable development as “*development that meets the needs of the present without compromising the ability of future generations to meet their own needs*” (WCED, 1987). The association stressed the need for intensive international cooperation on development and resource use issues. This definition highlights the importance of developing

production strategies that consider the economy, society, and the environment (Olawumi, Chan, 2018; Elkington, 1994). Adopting a company's sustainable strategy allows organizations to gain a critical competitive advantage (Björn *et al.*, 2021). The environmental sustainability of products demonstrates the company's reliability and moral values (Herbas Torrico *et al.*, 2018; Martínez, Del Bosque, 2013). Furthermore, academic literature has shown that a strong sense of social responsibility leads consumers to develop trust and loyalty and engage in positive word-of-mouth (Martínez, Del Bosque, 2013).

Sustainable development includes social and economic considerations in addition to environmental preservation. Vinuesa *et al.* (2020) have provided evidence of the link between the SDGs (Sustainable Development Goals) and the triple-bottom-line approach, which is a theoretical framework to consider when discussing sustainability. According to the triple bottom line (TBL) business concept, firms should aim to measure their social and environmental impact in addition to their financial success, rather than solely concentrating on profit production or the traditional "bottom line." The "three Ps" can be summarized as profit, people, and the planet (Elkington, 1997). The intersection of social, environmental, and economic activities can help organizations engage in activities that positively affect the natural environment and society while also having long-term economic benefits (Tseng *et al.*, 2020). Elmqvist *et al.* (2019) report that these three factors enable organizations to increase their production value, attract more investors and customers, and foster a socially and environmentally sustainable work environment among employees.

The Sustainable Development Goals (SDGs) can be considered supported by this theoretical framework. The 2030 Agenda emphasizes time-bound goals for Prosperity, People, Planet, Peace, and Partnership, known as the "five Ps" (Sachs *et al.*, 2019). International development goals can expedite the transition to more complex objectives but necessitate structural and profound changes across all societal sectors (McArthur, Rasmussen, 2018). Sustainable TBL-based strategies should meet several requirements to guarantee a competitive advantage (Ferro *et al.*, 2019). The scientific literature evidence that these strategies should be implemented throughout the entire organization, not just at the corporate level (Schulz, Flanigan, 2016). When defining corporate sustainability plans, the needs of all stakeholders should be considered (Svensson *et al.*, 2018). Finally, to enhance stakeholder connections, businesses should actively share their sustainability efforts and successes (Blenkhorn, MacKenzie, 2017). Thus, to ensure long-term sustainable development, companies must be oriented towards technological change, providing a framework for accelerating technological innovation, development, and dissemination (Sachs *et al.*, 2019).

AI and sustainability share concepts that are often discussed without a precise understanding of their meanings. The same applies to the SDGs, where the exact measurements and criteria for assessing them are fragmented. In 2018, Oxford University initiated a project aimed at tracking AI solutions to support the SDGs (Project Finder, 2018<sup>2</sup>). Those initial projects focused solely on specific SDGs, resulting in unequal coverage compared to SDG 9 (Industry Innovation and Infrastructure), which is the most addressed in contrast to SDGs 5 (gender equality), 6 (clean water and sanitation), and 15 (life on land). On the other hand, achieving all 17 goals is not an easy task. Vinuesa *et al.* (2021) and Gupta *et al.* (2021) confirm how AI solutions could enable the adoption of SDGs. Nasir *et al.* (2022) provide evidence that many AI solutions remain confined to achieving specific goals while underestimating others, especially environmental goals. The authors highlight the fragmented priorities and emphasize the need for unified actions to understand how to achieve the SDGs with AI.

### **AI for New Competitive Strategies**

The core principle of AI is to create computers with autonomous learning and adaptive skills, motivated by human learning models (Haenlein, Kaplan, 2019; Di Vaio *et al.*, 2020; Leone *et al.*, 2021). The term “Artificial Intelligence” was coined to describe the human intelligence exhibited by machines (Bini, 2018). AI has been mainly applied (Haenlein, Kaplan, 2019). There are different subsets of AI. The first form of AI is machine learning (ML) solutions, which allow algorithms to be used to build models that “train” the machine (Helm *et al.*, 2020). The second subset of AI is “neural networks”, which aim to reproduce the functioning of neural connections in the human brain (Topol, 2019). The impact of AI on all sectors is disruptive, and numerous studies highlight how AI systems can be helpful in a more aware and optimized management of resources (Di Vaio *et al.*, 2020; Nishant *et al.*, 2020; Carlson, Sakao, 2020; Kumar *et al.*, 2022). However, there are numerous and growing questions and challenges regarding the real sustainability of AI (Yigitcanlar, Cugurullo, 2020).

These systems require significant energy consumption, components that require rare resources, and often involve complex and lengthy processing. Dhar (2020) recognized that AI has a dual role as both a helper and an obstacle. On the one hand, it helps reduce the effects of the climate crisis. Indeed, as the analysis by Leal Filho *et al.* (2022) shows, digital technologies help support research on climate change adaptation and SDGs implementation,

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2. <https://www.aiforsdgs.org/all-projects>

increasing operational efficiency (Calabrese *et al.*, 2023). On the other hand, it consumes and significantly impacts carbon dioxide. AI validly supports health decision-making (Shortliffe *et al.*, 2018; Pietronudo *et al.*, 2022), reducing costs and optimizing resource allocation (Govindan, 2022). Additionally, AI technologies can improve organizational performance by speeding up processing, reducing bottlenecks, and increasing overall operational efficiency (Olan *et al.*, 2022; Schiavone, Festa, 2021).

Moreover, as Garbuio and Lin (2018) have identified, AI's potential in the healthcare field extends to all stakeholders in the sector. It creates value at the patient, clinical, operational, and financial administrative levels. The healthcare sector has been estimated to have an environmental impact of around 1%-5% of the global impact, with some countries exceeding that threshold. Resolving this impact remains critical, and the TPB (Total Physical Burden) remains sustained (Lenzen *et al.*, 2020). At the public level, the link between sustainability and AI is strong, particularly in terms of public health and the well-being of nations (Santosh, Gaur, 2022).

One of the most critical dimensions is the management of human resources; these systems could lead to better management (Papa *et al.*, 2018) and knowledge management (Santoro *et al.*, 2017). Consequently, Santosh and Gaur (2022) hypothesize that adopting AI tools in healthcare could be a solution not only to this reduction but also a means of reducing social inequalities. Along the same lines, Ilan (2021) highlights how these systems make it possible to aid even the poorest or most disadvantaged areas. The authors identify a series of challenges that not only concern AI but also the sustainability of the healthcare system and the critical issues that introducing AI systems entails.

The adoption of AI in healthcare is frequently linked to ethical reflections, such as errors of such systems at the diagnosis level (Obermeyer, Topol, 2021), system malfunctions, or issues with connected robotics (Jiang *et al.*, 2021). By utilizing wearable sensors, the Internet of Things, and portable Internet to collect information dynamically and connect individuals, entities, and organizations involved in healthcare, Industry 4.0 technologies are transforming conventional healthcare organizations into smart healthcare (Ahmed *et al.*, 2022; Yang *et al.*, 2022). Implementing AI in healthcare could be a helpful game-changer in improving the quality of life (Katsaliaki *et al.*, 2022; Escobar *et al.*, 2021; Grenier *et al.*, 2019). The role of both developing and sustainably using AI systems, especially about environmental impact, remains critical (Richie, 2022). Few studies have explored the intersection of sustainability and AI in the healthcare sector, even in Italy. The current scenario in Italy is characterized by fragmentation and specialization within

specific areas of study (Avanzo *et al.*, 2021). Nevertheless, the significant potential of such solutions in addressing the weaknesses of the Italian healthcare system has been recognized. Cingolani *et al.* (2023) investigated the limitations and opportunities of home care for elderly people, while Bellini *et al.* (2022) highlighted weaknesses in education and programming in Italian clinical laboratories.

## Dynamic Capabilities for New Challenges

Firms require a unique set of dynamic competencies to adopt successful sustainable development strategies (Adams *et al.*, 2016; Inigo, Albareda, 2019). Dynamic capability is defined as “the firm’s ability to integrate, build, and reconfigure internal and external competencies to address rapidly changing environments” (Teece *et al.*, 1997, p.2). The original definition of dynamic capabilities included three clusters of processes: sensing the environment, which led to the identification and understanding of business opportunities; seizing opportunities through the integration and repurposing of resources to address these opportunities and to reap the benefits from doing so; and transforming through continuous renewal to carry out and sustain innovation at scale (Bogers *et al.*, 2019). There are two sustainability drivers: external and endogenous (Cezarino *et al.*, 2019).

Cultural variables such as motivation, knowledge distribution, managerial commitment, and long-term horizon are major drivers of ecological responsiveness (Eikelenboom, De Jong, 2019). Innovation plays a critical role (Zollo *et al.*, 2016). A company’s innovativeness is crucial in developing eco-capacity and environmental attitudes (Hanaysha *et al.*, 2022). Thus, the overall organizational strategy must incorporate sustainability concepts first. Utilizing cutting-edge technologies, having a history of working with suppliers and consumers, and having an innovative mindset are all qualities that support an organization’s capacity to apply environmental management principles continually and collaborate with the environment (Serfonty-Baniule *et al.*, 2022).

Inigo and Albareda (2019) identified the following crucial elements in the sustainable challenge: 1) the ability to involve stakeholders in the innovation process; 2) the capacity to recognize and react to regulatory and technological changes; 3) a systemic approach to the business in which the relationship with other actors in the ecosystem is well managed; 4) the development of trusting relationships. Due to the profound technological changes in the healthcare sector, developing dynamic capabilities is key to profitable growth and targeted strategic change (Pundziene *et al.*, 2022; Teece, 2019). Healthcare

organizations must be mindful of rapid organizational changes: when the demands of users and professionals change, organizations must respond rapidly with the dynamic agility required for survival (Loureiro *et al.*, 2021).

Healthcare providers have identified the efficient use of digital technologies as the primary strategy for gaining a competitive advantage (Heart *et al.*, 2017). Even though new technologies have improved the efficiency and practicality of managing healthcare, their use necessitates higher awareness and comprehension and can interfere with daily routines (Chung *et al.*, 2022). In this regard, new clinical, organizational, and strategic capabilities should be developed (Chakravorty *et al.*, 2020).

Rialti *et al.* (2019) highlight the key role of dynamic capabilities in disseminating and adopting digital solutions such as big data and AI. Implementing such technologies can be seen as “*a constant generation and diffusion of knowledge, through which they enable managers and analysts to identify good opportunities and discard unprofitable ones*”. Therefore, they could influence the ability of a process to adapt to changing situations. Sustainability is inextricably linked to health and well-being, and the new One Health approach emphasizes the interdependence of sustainability, well-being, and health (Benis *et al.*, 2021). Goal 3 of the 2030 Agenda for Sustainable Development is aligned with this approach (WHO, 2021). Therefore, it is essential to establish dynamic capabilities within the health ecosystem to strategically integrate long-term sustainability goals (Di Vaio *et al.*, 2020).

Long-term strategies must be developed as a crucial value proposition component (Chakravorty *et al.*, 2020). This process is facilitated by digital advancements (Khan *et al.*, 2020). Organizations must integrate healthcare, sustainability, and digital strategy to meet evolving care needs.

## Method

### Data Collection and Data Analysis

Due to the exploratory nature of the study and the limited existing literature on sustainability and AI in healthcare, a qualitative methodology was chosen. Two online focus groups were conducted with experts, academics, and companies involved in AI solutions in healthcare. Focus groups create a natural environment for discussion and yield valuable results on complex subjects. The sample size varied but ensured sufficient participation for in-depth discussions. Participants were purposively selected based on their healthcare experience and involvement in AI projects. Academics and

companies were chosen based on their expertise and the scientific nature of their AI solutions. In September 2022, initial contact was made with the sample, resulting in a response rate of 25%. The focus groups were conducted online from late October to mid-November 2022, with an average duration of 88 minutes.

**Table 1 - List of interviewees**

<b>Focus Group</b>	
1° Focus group Five Components	
2° Focus Group Five Components	
<b>Participants</b>	<b>Occupation and AI Experience</b>
Int.1	AI Product Manager
Int.2	Lecturer
Int.3	Researcher
Int.4	Healthcare professional
Int.5	Sustainability Consultant in Healthcare
Int.6	AI Consultant and Lecturer
Int.7	Lecturer and Healthcare professional
Int.8	CEO
Int.9	Manager
Int.10	CEO of an AI Italian Association

In conducting the focus group, it was preferred to maintain a heterogeneous group composition without hindering the discussion (Morgan, 1988 ; Freitas *et al.*, 1998). The focus group was conducted online, on a digital platform, and in Italian. It was a dual-moderator focus group, with two researchers acting as moderators and facilitators of the discussion (Saunders *et al.*, 2009). Participants were allowed to freely express their thoughts and seek answers (Malhotra, 2019) through a roundtable format. To ensure harmonization and consistency, the discussions focused on a specific guide that included pre-selected topics based on the current state of the literature. At the end, participants from each focus group were invited to create a roadmap (Ghobakhloo *et al.*, 2022) for the implementation of sustainable AI solutions in healthcare. The focus group sessions were recorded and manually transcribed to capture important pauses and passages while maintaining participant privacy through coding. The coding process involved manual procedures to enhance linguistic and contextual understanding. The main themes and sub-themes of the coding are provided in the Appendix. Focus groups provide rich data beyond session notes, and content analysis was used to analyze the transcribed

sessions. This analysis identified nodes and dimensions consistent with the study's theoretical framework. To ensure triangulation (Yin, 2003), secondary data sources such as reports, white papers, archival records, and online documentation were utilized as evidence. This reinforced the analysis and contributed to the development of a comprehensive roadmap, as defined by Moretto *et al.* (2018), which guides progress towards a goal and provides an extended view into the future.

## Findings

Content analysis revealed five key nodes: the definition of AI and sustainability, TPL-related nodes (sustainability and planet, sustainability, people, and profit), critical issues in AI and Sustainability, and emerging capabilities for sustainable AI systems in healthcare. Table 2 displays representative quotes from the focus group, while the subsequent paragraph provides a breakdown of the main themes that emerged.

### In Search of Definition

From the content analysis, three main nodes emerged as all participants had difficulty defining AI and Sustainability. During the analysis, it was possible to find three very specific nodes that referred to AI Sustainability and were coherent with the TBL approach: *AI sustainability and Planet – AI sustainability and People – AI sustainability and Profit*. The last one is a critical issue tied to the implementation. The main quotes are in Table 2.

#### *AI Sustainability and Planet*

The first node, *Sustainability and Planet*, identifies the link between sustainability and AI. Participants in the focus group recognized that environmental sustainability should not be taken for granted. However, it is necessary to distinguish between macro and micro levels. When considering the macro aspect, AI poses certain challenges due to its energy consumption and the components of the supporting tools. Yet, on a micro level, particularly in medical assistance and management, AI in healthcare is perceived as sustainable. For instance, Int. 5 mentioned, “A hospital, for example, is an intrinsically energy-intensive structure. Then there is intelligence-building management. But we are not talking about AI applied to healthcare but about infrastructure and supply management. AI is an intrinsically sustainable technology. If we want to make it sustainable, it must be adopted and well communicated”. To ensure environmental sustainability, creating an ecosystem that enhances coordination

and communication is necessary. As expressed by Int. 6, *“Honestly, in most applications, and I don’t think that in the social and health sector, there is a big problem of environmental impact, but it is important to create cooperation among different structures”*. To implement AI sustainably, fostering a sustainable mindset through the dissemination of a green-oriented culture is crucial.

### ***AI Sustainability and People***

At a societal level, AI presents its greatest potential and is perceived as an essential solution to alleviate various problems within the health sector. It facilitates time reduction across several domains. Firstly, it addresses the entire spectrum of medical activities, spanning from prevention to diagnosis and treatment. AI allows for the redistribution of time and workloads, thereby enhancing and improving activities and the services offered to enhance effectiveness and efficiency. Indeed, according to Int. 9, *“AI will play an accelerating role in implementing services to support healthcare professionals, improving the ability to take charge and plan purposes. AI in healthcare will also act as a facilitator, enabling continuity, access, and personalization of care to achieve greater effectiveness and efficiency”*.

### ***AI Sustainability and Profit***

AI demonstrates economic sustainability by reducing inefficiencies, accelerating operational times, and enhancing human resource management. Shortening diagnosis times, promptly identifying diseases, and improving preventive measures reduce costs for the entire healthcare system while enhancing quality. As mentioned by Int. 5, *“Reducing environmental impact enhances people’s quality of life and translates into reduced health costs”*. Furthermore, AI implementation optimizes resource allocation, minimizing healthcare expenditure. These technologies foster an ecosystem for sharing tools and information. In addition to these well-known aspects in the literature, the focus groups aimed to illustrate how AI can alleviate certain barriers to entry, emphasizing the necessity for comparison among various stakeholders. However, reducing models may lead to these solutions being managed in a semi-oligopoly manner.

## **AI and Sustainability: A Critical Issue**

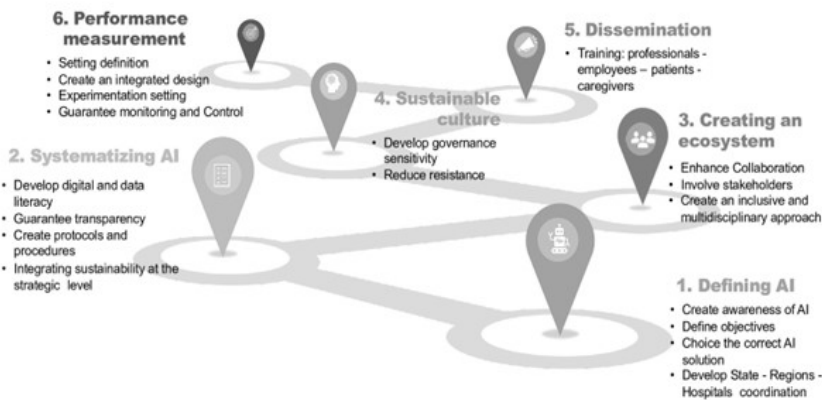
To establish credibility for AI and sustainability, overcoming current critical issues is imperative. Respondents perceive both advantages and disadvantages in terms of personnel reduction, the emergence of a new non-healthcare-oriented doctor-patient relationship, potential decrease in doctors’

capacity that could be exploited, to the detriment of patient health and the system, and the necessity to develop new skills. These skills aren't solely technical but require specific development for all stakeholders within the healthcare ecosystem. It's crucial to adopt measurement and control systems by defining new tools and measures for assessment and improvement. However, this is notably complex, particularly in the healthcare sector. Primarily, as mentioned earlier, the development of an organizational culture is essential. Int. 4 emphasized, *“The real challenge lies within the human aspect of doctors and managers, who must comprehend and effectively use AI to their advantage. We need to cultivate a culture and adeptness with technology; presently, we're still in a rudimentary phase”*.

## Discussion and implications

Our findings demonstrate the relationship between AI and healthcare sustainability. The ability to create a plan for sustainable AI adoption (Figure 1) enables healthcare facilities to guarantee the three levels of sustainability of TBL – *economic, social and environmental* – (Figure 2) (Elkington, 1997). The model allows us to identify the key dynamic capabilities (Pundziene *et al.*, 2022; Teece, 2019; Chakravorty *et al.*, 2020).

Figure 1 – RoadMap for a sustainable AI implementation



Source: Authors' research

Table 2 – Table of representative quotes

Quotes	Respondent	Theme	Roadmap
<p>"First, let's delve into what we mean by artificial intelligence, avoiding technical jargon. At the political level, for instance, consulting an online encyclopedia defines within the scope of a discipline. However, within this year's European Parliament documents, artificial intelligence is defined as the capability of machines or algorithms to replicate certain human characteristics. These two definitions offer vastly different perspectives on artificial intelligence, don't they? Additionally, the choice of funding also varies based on these definitions. Financing something associated with a discipline contrast with funding projects focused on emulating human attributes".</p>	Int.3	In search of Definition	Defining AI
<p>"We also need to better define the term 'sustainable.' In certain contexts, such as when engaging with the Ministry of Health or conversing with the general directors of local health authorities, the primary consideration is predominantly economic, followed by organizational aspects".</p>	Int.6		Defining Sustainability
<p>"We need regulation and a clear definition. There is still a lot of confusion regarding certifications, responsibility, and the level of authority and power".</p>	Int.2		Defining AI

Quotes	Respondent	Theme	Roadmap
<p>"AI systems are, by default, connected to computers, and the hardware requirements, particularly regarding energy consumption associated with training machine learning algorithms, are becoming increasingly demanding. Consequently, in Europe, there is a growing focus on "green AI", aimed at developing AI techniques and algorithms that consume fewer resources. Presently, when confronted with system issues, there is a tendency to adopt more high-performing systems, leading to the creation of incredibly powerful systems, such as 7000 CPU systems, typically used for gaming or multimedia presentations".</p>	Int.8	AI Sustainability and Planet	Performance measurement
<p>"AI is inherently sustainable because all indicators, including real-use cases, demonstrate its sustainable nature".</p>	Int.4		Sustainable culture
<p>"A hospital, for example, is an intrinsically energy-intensive structure. Then there is intelligence-building management. But we are not talking about AI applied to healthcare but about infrastructure and supply management. AI is an intrinsically sustainable technology. If we want to make it sustainable, it must be adopted and well communicated."</p>	Int.5		Dissemination
<p>"Honestly, in most applications, and I don't think that in the social and health sector, there is a big problem of environmental impact, but it is important to create cooperation among different structures."</p>	Int.6		Creating an Ecosystem

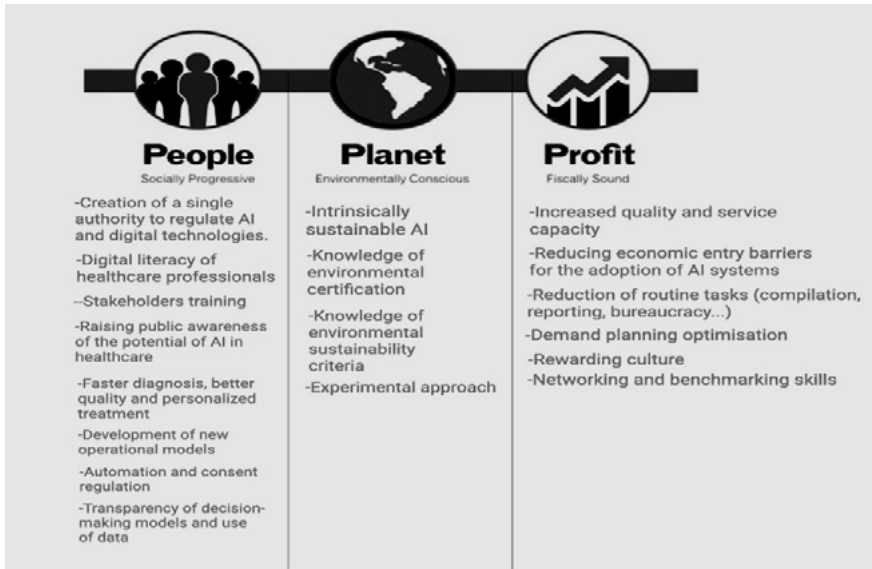
Quotes	Respondent	Theme	Roadmap
<i>"It saves us time, optimizes resources, and expedites decision-making processes, which shortens distances for various reasons, contributing significantly to sustainability. In my opinion, how can we introduce AI to support medicine?"</i>	Int.7	AI Sustainability and People	Sustainable culture
<i>"AI will play an accelerating role in implementing services to support healthcare professionals, improving the ability to take charge and plan purposes. AI in healthcare will also act as a facilitator, enabling continuity, access, and personalization of care to achieve greater effectiveness and efficiency."</i>	Int.9		Performance measurement
<i>"Reducing environmental impact enhances people's quality of life and translates into reduced health costs."</i>	Int.5	AI Sustainability and Profit	Performance measurement
<i>"In my opinion, it not only diminishes repetitive tasks but also generally enhances the quality and service capacity of a department, consequently benefiting the hospital!"</i>	Int. 9		Sustainable culture
<i>"To avoid unnecessary resource wastage, it's crucial to skip these initial stages. Local hospitals have conducted individual experiments, the phase of pilot projects has elapsed, and it's now imperative to extract best practices to establish a comprehensive system"</i>	Int.8		Systematizing AI
<i>"Without an "ethical" brake, there could be a significant automation of many processes that are currently within the realm of human competence. While this could maximize profit, it might significantly reduce performance quality and increase risks."</i>	Int.2	AI and Sustainability - Critical Issue	Sustainable culture - Dissemination

Quotes	Respondent	Theme	Roadmap
<p><i>"In our hospital, attempts to implement AI in the radiological emergency department have shown limited usage and acceptance. To address this challenge, there's a need for enhanced digital skills, data literacy, a supportive culture, and ensuring interoperability between systems."</i></p>	<p>Int.7</p>		<p>Systematizing AI</p>
<p><i>"We require acknowledgment of monitoring and reporting systems to comprehend the situation and establish long-term goals. Additionally, a new Key Performance Indicator (KPI) for Sustainability and AI is needed"</i></p>	<p>Int. 5</p>		<p>Performance measurement</p>

Several authors have highlighted AI as a transformative technological and societal innovation, particularly in the healthcare industry (Åström *et al.*, 2022; Leone *et al.*, 2021; Pietronudo *et al.*, 2022). AI has the potential to enhance operational efficiency and patient satisfaction (Martins *et al.*, 2020; Leone *et al.*, 2021; Shortliffe *et al.*, 2018; Brem *et al.*, 2021). However, regulatory obstacles need addressing to facilitate its effective adoption and ensure awareness of its benefits. The healthcare industry faces significant regulatory fragmentation (Steinhauser *et al.*, 2020), and a clear definition of AI is crucial for its successful implementation and to empower stakeholders in the healthcare ecosystem (Spena, Mele, 2019). This would allow for precise goal setting and the selection of appropriate AI solutions. Cooperation between states, regions, and institutions can facilitate national standardization of AI regulations (Kandel *et al.*, 2020) and reduce the proliferation of diverse AI models caused by conceptual and regulatory fragmentation.

AI enables access to vast amounts of data (Lindebaum *et al.*, 2020), necessitating the development of digital and data literacy skills (Kraus *et al.*, 2021). Therefore, the consolidation of these skills is crucial to adapt to significant technical and socioeconomic shifts (Heart *et al.*, 2017). Strengthening networking skills and digital literacy among healthcare professionals is essential for sustainable AI implementation from both social and economic perspectives (see Figure 2).

Figure 2 - AI, TBL key insights



Source: Authors' research

Notably, there are three areas in which action can be taken: the more specific one involves training public and private personnel, both on the demand and supply sides; the more generalist one focuses on promoting literacy for all in the full utilization of digital services; and the more advanced one revolves around specialized and transdisciplinary preparation (Frey, Osborne, 2017). Additionally, protocols should be established to apply AI solutions, ensuring data transparency and interoperability (Balasubramanian *et al.*, 2021). The vast amount of environmental and personal data collected by computer systems daily is now being leveraged to enhance AI approaches and technologies (Bresciani *et al.*, 2021a, 2021b; Frey, Osborne, 2017). The usefulness of the data and its interoperability determine the feasibility of using new technologies. Data quality should be guaranteed at the source through the widespread acceptance of principles and suitable content standards (Wang *et al.*, 2018) for environmentally conscious AI implementation (Figure 2). Indeed, strategic sustainability management becomes crucial (Schulz, Flanigan, 2016).

The first two steps of the roadmap support the ability of stakeholders to define validated AI models that adhere to specific rules and procedures and ensure the pursuit of clear and sustainable objectives, enabling overall sustainability. First, AI implementation times are significantly reduced: healthcare facilities no longer need to navigate through bureaucracy and can minimize diagnosis time (Obermeyer, Topol, 2021). The result is a halving of costs, environmental impact, and increased satisfaction for all stakeholders. Additionally, a clear definition of AI allows facilities to access funding easily. Standardizing models, rules, and procedures highlights the need to build an AI healthcare ecosystem (Secundo *et al.*, 2021; Leone *et al.*, 2021). A service ecosystem comprises actors and resources linked by value propositions in a network of connections (Frow *et al.*, 2016). Actors are drawn to share their resources because of value propositions that promise possibly better results (Svensson *et al.*, 2018; Calabrese *et al.*, 2023; Govindan, 2022). Sharing resources makes the ecosystem dynamic. The health sector is a precious testing ground. A more comprehensive range of participants (actors) and a more extensive set of collaborative actions have started to be considered in recent years (Secundo *et al.*, 2021; Leone *et al.*, 2021; Svensson *et al.*, 2018).

In terms of TBL sustainability, our results show that the development of an ecosystem enables resource allocation optimization, cost savings, and increased stakeholder involvement. High degrees of stakeholder participation are achievable from this standpoint. Facilities should balance the expenses and resources consumed and define strategies of inclusion and collaboration that focus on the well-being of stakeholders (Schiavone *et al.*, 2021). Social

and economic sustainability (Elkington, 1997) are strongly correlated, and the effects of AI adoption on sustainability in healthcare contexts are in the medium to long term. A sustainable culture must spread within the healthcare ecosystem (Di Vaio *et al.*, 2020; Eikelenboom, De Jong, 2019). Implementing strong communication and social inclusion strategies should be crucial. The analysis underpins opening dialogue in organizations and promoting a multi-disciplinary and rewarding culture characterized by solid communication could be necessary (Figure 2). Healthcare structures should develop the ability to listen to the needs of stakeholders, ensuring a high level of sensitivity in governance. It is possible to create a culture focused on sustainability that is reflected in a reduction of resistance to change. Sharing knowledge and validated models within the health ecosystem allows for virtuous examples. The next phase is disseminating the results (Blenkhorn, MacKenzie, 2017; Sachs *et al.*, 2019). This raises awareness of the advantages of AI and makes it possible for everyone involved to engage in a training process.

It emerges that AI can be applied to prevention. It can have an impact on long-term sustainability from both an economic perspective (for the national welfare system) and a social perspective (reducing the burden of care on families) (Shortliffe *et al.*, 2018; Santosh, Gaur, 2022). The ability of facilities to develop appropriate monitoring and performance control systems is crucial for the sustainable application of AI in healthcare. Making the quality of care “visible” and measurable is a key component of healthcare (Agarwal *et al.*, 2019; Schiavone *et al.*, 2022). Monitoring clinical performance has gained global importance, particularly with the emergence of AI (Rana *et al.*, 2022; Akter *et al.*, 2020). It allows for striking a balance between economic performance, growth, and control (Yu *et al.*, 2018), enabling managers to meet predetermined business goals (Martins *et al.*, 2020).

Our analysis emphasizes the need to define the scope. Additionally, facilities should develop an integrated measuring system that captures three levels of TBL (Triple Bottom Line) sustainability. Continuous assessment enables healthcare organizations to reformulate existing procedures and establish more stable and long-term forms of collaboration (Schiavone *et al.*, 2022; Martins *et al.*, 2020; Yu *et al.*, 2018). It improves the quality of care and overall performance (Wamba *et al.*, 2020; Mikalef, Gupta, 2021). This research work offers several theoretical, managerial, and policy implications. From a theoretical standpoint, it provides new insights to academics regarding the relationship between AI and sustainability, offering a roadmap for the “responsible” implementation of AI in the health sector. The plotted roadmap serves as a starting point, where each stage completely pervades the other and influences its development. We chose to represent the roadmap

in this way because the concept of a roadmap consists of a path to reach a specific goal (Moretto *et al.*, 2018), such as the one in this research.

It highlights the possibility of analyzing digital technologies from a different perspective and emphasizes the utility of AI, not merely in mechanical terms. It could be a valuable tool from an intuitive and empathetic standpoint. Additionally, it allows for the merging of different fields of research. It contributes to four main streams: dynamic capabilities, AI, sustainable development, and healthcare management. From a managerial perspective, the results show that healthcare managers should take up the challenge of developing sustainable AI implementation strategies from a stakeholder perspective. The aim should be to ensure the technical feasibility of the pathways in the long term and to guarantee overall sustainability.

Furthermore, the analysis emphasizes the need to invest in training and communication to create a sustainable, shared culture within the healthcare ecosystem. Finally, this research work offers food for thought for policymakers. The widespread use of AI and its clear benefits in clinical, technical, and sustainable terms should push institutions to break down regulatory fragmentation and define uniform protocols and procedures. Consequently, a single supervisory authority should be established to ensure the rules are correctly applied. Hence, there is a need to envisage a performance monitoring system based on a dashboard of key performance indicators (KPIs) consisting of indicators of different natures (*e.g.*, clinical and economic).

## Conclusions and Limitations

This research presents a roadmap for the sustainable implementation of AI in healthcare, showcasing AI's significant potential in terms of sustainability from a Triple Bottom Line (TPL) perspective within healthcare. It offers insights into AI implementation theories and assists healthcare managers in identifying key factors for future strategies. However, the paper has limitations as focus groups were conducted solely with an Italian sample. Future research should incorporate samples from different nations, considering contextual sensitivity and cultural differences in healthcare systems. Additionally, future research could explore the dimensions identified in each step of the roadmap, such as conducting content analysis of research reports or normative documents to define AI in healthcare.

Future research could focus on understanding how AI structures the new Sustainable AI Healthcare Ecosystem. Subsequent studies should map the primary components and comprehend critical points by exploring

value-creation opportunities. In the fourth phase, research should prioritize understanding different perceptions and reducing resistance. Experimental studies are recommended to observe results in the fifth phase and capture reactions to communication, training, roles, and health settings. Incorporating design thinking approaches in the final stage could be intriguing. Emphasizing the significance and criticality of each phase is crucial. Establishing and promoting a sustainable culture beyond AI and disseminating results are essential. Future research should analyse the longitudinal progression of AI and track sustainable opportunities it creates. Additionally, researchers must not underestimate the negative aspects of AI and the reciprocal influence of sustainability practices.

Future research aims to identify and analyse the three lines of the Triple Bottom Line (TBL). Economically, it can explore building ecosystems for sustainable value creation and developing effective collaborations. It can also investigate elements enabling the integrated management of sustainable AI practices. Companies and healthcare facilities must understand resource management for adequate care. Exploring the integration of AI and sustainability with Sustainable Development Goals (SDGs), as well as understanding country-specific differences and the role of health sectors, is interesting. Research can evaluate sustainable AI implementation in various healthcare structures and fields. At the individual level, studies can focus on strategies for training stakeholders in sustainability and reducing resistance to change. It is worth examining the acceptance and accuracy of different AI types and how they foster professional-institutional cooperation.

Field investigations can be conducted to identify the adoption of AI in daily life among patients, doctors, and healthcare workers. Additionally, creating a dashboard of key performance indicators (KPIs) for each aspect of the Triple Bottom Line (TBL) could be valuable for investment assessment, monitoring sustainable AI use in healthcare, and ensuring continuous improvement. Future research should concentrate on studying the effectiveness of tools and methods to prevent distortions and abuses resulting from improper use or speculation on data. This includes examining medical diagnosis and ensuring the suitability of AI for medical settings, as well as monitoring indicators over time. Furthermore, it would be beneficial for future studies to explore the skills and knowledge required for sustainability management and AI, highlighting how they can enhance the value of stakeholders in the ecosystem.

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# Appendix

Main themes	Themes	Sub Themes
AI and Sustainability Definition	Not so easy to define	Machine Learning - Neural Network - Big Data - Sustainability as green transition - Sustainability at 360
	Different definition	Different AI systems - Different Sustainability themes - AI as Discipline or as capability
Planet Sustainability	Macro and Micro level	CPU - Device - Micro components - Rare Lands
	Resource Management	Reduce Waste - Well management of structures - Reduce
	Define new KPI	Benchmark - Define New KPI - Measure - Monitor - Control
People Sustainability	Workflow	More time - Less repetitive task - More simple procedure
	Acceptance	Cultural issue - Capabilities (Digital and data literacy) - Training
	Support to decision making	New relation: Doctor - AI - Patient - Medical and Huma mistakes - New empathic and social capabilities
	Patient Care	Prevention - Diagnosis - Monitoring
Profit Sustainability	Operational - Process	Settings - Capabilities - Cost and time effective
	Systematise	Investment - Project - Settings Avoid the risk to know only one AI solution
	Competition	Oligopoly - Less barriers to entry
	Stakeholders	Involvement - Collaboration

